

Recreational Swimming – Summer

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Milton Leisure Centre and Rotary Park Outdoor Pool

Admission Rates (include taxes)	Rates until June 30			Rates effective July 1		
	Single	Pass of 10	Pass of 30	Single	Pass of 10	Pass of 30
Youth (age 7-17)	\$ 2.50	\$ 23.06	\$ 64.77	\$ 2.75	\$ 24.75	\$ 66.00
Adult (age 18-54)	\$ 3.75	\$ 35.33	\$ 98.13	\$ 4.00	\$ 36.00	\$ 96.00
Senior (age 55+)	\$ 2.50	\$ 23.06	\$ 64.77	\$ 2.75	\$ 24.75	\$ 66.00
Family (max. 4)	\$10.00	\$ 92.24	N/A	\$11.00	\$ 99.00	N/A
Additional family member	\$ 2.00			\$ 2.25		
Parent & 1 preschooler	\$ 5.25	\$ 48.43	N/A	\$ 5.75	\$ 51.75	N/A
Parent & 2 preschoolers	\$ 6.25	\$ 57.65	N/A	\$ 6.75	\$ 60.75	N/A

Coin Operated Lockers are available in all change rooms: Girls/Boys - 25¢, Women/Men - 50¢, Family - \$1.00
Some lockers can use padlocks – bring your own or purchase a combination lock for \$5. **We sell goggles!**

Holiday Closures – Canada Day: Wednesday, July 1 • Civic Holiday: Monday, August 2 • Labour Day: Monday, Sept. 6

Milton Leisure Centre Effective June 28 - August 27, 2010, 1100 Main St. E.

905-878-7946

Summer	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Length Swim: Youth to Adult Competition pool, (fast, medium & slow lanes), hot tub and sauna for adults age 13+	6:00-7:30 am 12:00-1:30 pm 8:30-9:30 pm	6:00-8:00 am 12:00-1:30 pm 5:15-6:15 pm 9:00-10:00 pm	6:00-7:30 am 12:00-1:30 pm 8:30-9:30 pm	6:00-8:00 am 12:00-1:30 pm 5:15-6:15 pm 9:00-10:00 pm	6:00-7:30 am 12:00-1:30 pm 7:30-8:30 pm		12:30-2:00 pm
Fun Swim: All Ages Both pools, giant slide, Tarzan ropes, diving boards, hot tub & sauna	2:30-4:00 pm 6:00-7:30 pm	2:30-4:00 pm	2:30-4:00 pm 6:00-7:30 pm	2:30-4:00 pm	2:30-4:00 pm 6:00-7:30 pm	2:00-3:30 pm 6:30-8:00 pm	2:00-3:30 pm
Family/Leisure Swim: All Ages Leisure pool, hot tub & sauna open. Slide open Tue, Fri & Sun evening	12:00-1:30 pm 8:30-9:30 pm	12:00-1:30 pm 5:15-6:15 pm 9:00-10:00 pm	12:00-1:30 pm 8:30-9:30 pm	12:00-1:30 pm 5:15-6:15 pm 9:00-10:00 pm	12:00-1:30 pm		12:30-2:00 pm 6:30-8:00 pm*
Club 55/Senior Swim: For adults 55 & over, competition pool, leisure pool, hot tub & sauna	1:30-2:30 pm		1:30-2:30 pm		1:30-2:30 pm		
Hot Tub & Sauna: Hot tub for age 13+ only. Sauna for age 13+ unless accompanied by adult.	6:00-7:30 am 12:00-4:00 pm 6:00-7:30 pm 8:30-9:30 pm	6:00-8:00 am 12:00-2:30 pm 2:00-4:00 pm 5:15-6:15 pm 9:00-10:00 pm	6:00-7:30 am 12:00-4:00 pm 6:00-7:30 pm 8:30-9:30 pm	6:00-8:00 am 12:00-2:30 pm 2:00-4:00 pm 5:15-6:15 pm 9:00-10:00 pm	6:00-7:30 am 12:00-4:00 pm 6:00-7:30 pm	2:00-3:30 pm 6:30-8:00 pm	12:30-2:00 pm 2:00-3:30 pm 6:30-8:00 pm

*Slide open

Rotary Park Outdoor Pool Effective June 26 - September 6, 2010, 1 Garden Lane 905-878-7946

Pool Schedule: Open weekdays and weekends starting June 28 to September 7.

Splash Zone Schedule: Open weekends and weekdays 10 am to 8 pm first weekend of June to Sunday following Labour Day (weather permitting). For other spray pad locations, see page 23.

FREE!
Fun Swim for
Canada Day
July 1, 1-4 pm

Summer	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Family Swim: All Ages Leisure pool only. Children must be accompanied by an adult.	11:00am-1:00pm 5:30-7:00 pm	11:00am-1:00pm	11:00am-1:00pm 5:30-7:00 pm	11:00am-1:00pm	11:00am-1:00pm 5:30-7:00 pm	10:30 am-12 pm	10:30 am-12 pm
Fun Swim: All Ages Both pools open.	1:00-4:00 pm	1:00-4:00 pm 7:15-8:15 pm	1:00-4:00 pm	1:00-4:00 pm 7:15-8:15 pm	1:00-4:00 pm	1:00-4:00 pm 6:30-8:00 pm	1:00 - 4:00 pm 6:30-8:00 pm
Length Swim: Youth to Adult Lap pools open for lengths	11:00am-1:00pm 5:30-7:00 pm	11:00am-1:00pm	11:00am-1:00pm 5:30-7:00 pm	11:00am-1:00pm	11:00am-1:00pm 5:30-7:00 pm	10:30 am-12 pm	10:30 am-12 pm
Aquafit Under the Stars Registered program Jul 6 - Aug 31. Details on pages 56-57.	7:00-8:00 pm		7:00-8:00 pm				



Admission Standards for Recreational Swimming and Pool Parties

In order to ensure the safety of children in the swimming pool area:

Children 6 years of age and younger require direct supervision in the water by a parent/guardian or designate 16 years of age or older, who is within arm's reach at all times; one adult is permitted to swim with a maximum of two children – one child for each arm.

Children 7 - 10 years of age who wish to swim unaccompanied by an adult must pass the Facility Swim Test to obtain a special wristband to wear while swimming.

Children who fail the Facility Swim Test can still swim in the shallow end of the Competition Pool or in the Leisure Pool as long as they are directly supervised in the water by a parent/guardian or designate, 16 years of age or older, who is within arm's

reach at all times. One adult is permitted to swim with a maximum of two children – one child for each arm. If children fail the test and have no parent/guardian or designate, 16 years of age or older, who can supervise them directly in the water, they will not be permitted in the swimming pool area.

The Facility Swim Test requires swimming two widths of the Competition Pool. Staff recommend that parents/guardians:

- Remain in the building if it is the first time that their children are being tested to ensure they have passed and can swim without supervision
- Remain in the spectator area, even if their children have passed the test, and maintain visual contact while their children swim for maximum safety

Additional information on swim admittance requirements:
Phone: 905-878-7946
E-mail: recreation@milton.ca

Swim Class Options	Choose the number of weeks and the size of class that works best for you!			
Lesson format	Description	Class size	Class length	Cost*
Parent and Tot (8-10 classes) Page 27	Tots will experience the joy of water with a parent, while developing skills to be comfortable in the water.	12 tots	30 minutes	\$56.64-\$70.80 (E)
Regular Lessons (8 -10 classes) Pages 28-31	This program covers all the water safety and swimming skills of the Lifesaving Society's Swim Program.	5-12 students (depending on swim level)	30-45 minutes (depending on swim level)	\$60.71-\$78.43 (E) (depending on swim level)
Private Lessons (4 classes) To add your name to an availability list, call 905-878-SWIM (7946). Page 32	This program provides one-on-one assistance with skills and strokes. (Private lessons are offered based on available pool space; priority is given to group lessons to meet the high demand for learn-to-swim programs.)	1 student	30 minutes	\$130.69
Learn to Swim for Adults (8 classes) Page 32	It's never too late to learn how to swim! This program is for adults who have never taken swimming lessons before to help them become comfortable in the water while learning basic skills and techniques.	3 students	30 minutes	\$110.99
Stroke improvement/ Swim Endurance (for Adults) (8 classes) Page 32	Endurance swimming is one of the three most popular physical activities. Improve your stroke efficiency for front crawl, backstroke and breaststroke while building endurance to achieve greater benefits from swimming.	3 students	30 minutes	\$110.99
Mini Lessons (Discontinued)	Note: In order to maximize pool space to meet the high demand for swimming lessons and minimize wait lists, 4-week mini-lessons are no longer being offered. The longer 8-week lessons are being offered and the children's fitness tax credit now applies to all children's swim lessons (except for private lessons).			

*Costs do not include applicable taxes. Programs marked (E) are tax exempt; see page 8 for details.