

Pizza Slice Boxed Lunch

A tasty and satisfying meal, perfect for a convenient and nutritious lunch. Includes a cheese pizza slice, fresh vegetables, a drink, and a treat.

Ingredients:

- **Cheese Pizza Slice**

Dough: Enriched wheat flour (barley), water, soya oil, sugar, yeast, salt, herbs, garlic, spices.

Cheese Blend: Part skim mozzarella cheese (milk ingredients, bacterial culture, salt, microbial enzyme), parmesan cheese (milk ingredients, salt, microbial enzyme), Romano cheese (milk ingredients, salt, microbial enzyme), fontina cheese (milk ingredients, bacterial culture, salt, microbial enzyme), asiago cheese (milk ingredients, salt, microbial enzyme), natamycin. **Sauce:** Tomato paste, spices.

- **Side Vegetables**

Carrot Sticks
Cucumber Sticks

- **Apple Juice Box**

Filtered water, concentrated apple juice, ascorbic acid (Vitamin C).

- **Granola Bar**

Quaker rolled oats, rolled whole wheat, brown sugar, barley flakes, sunflower oil, inulin, honey, natural flavour, modified milk ingredients, glucose, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, salt, vanillin), whole grain brown rice crisps (whole grain brown rice flour, sugar, barley malt, salt, mixed tocopherols), glycerin, shortening (canola oil, modified palm and palm kernel oils), brown sugar, sorbitol, inulin, salt, natural and artificial flavour, soy lecithin, BHT (preservative).

Allergens:

- **Wheat** (Pizza dough, granola bar)
- **Milk** (Cheese blend, granola bar)
- **Soy** (Pizza dough, granola bar)
- **Barley** (Pizza dough, granola bar)
- **Oat** (Granola bar)

Nutrition Information (Approximate per Boxed Lunch):

- **Calories:** ~700-850 kcal
- **Protein:** ~20-25g
- **Carbohydrates:** ~90-100g
- **Fat:** ~30-35g
- **Fiber:** ~6-8g
- **Sodium:** ~800-1000mg
- **Sugar:** ~25-30g